



Tabitha Connect Companion Program

Creating new memories for Seniors

Tabitha Seniors are at the heart of our community and, like all of us, they desire regular conversation and interaction to keep their minds healthy and their hearts happy. Unfortunately, some in our community are deprived of basic needs, as they have little to no family available to visit them. To address this, Tabitha has created a new Companion Program, which gives volunteers the opportunity to spend time with these residents.

By participating in this program, you will not only help a person in need, but also create potential to gain new knowledge, experiences and friendships. These Seniors are fascinating individuals whom, given the chance to share their story and knowledge, can experience the engagement and enjoyment that may be lacking in their daily lives. Their stories might not be that different from your own. Come listen, engage and create new memories for them to share.

EASY APPLICATION PROCESS

1. Fill out volunteer application at www.Tabitha.org/Volunteer
2. Complete quick “interest finder” to match a resident with shared interests
3. Tabitha takes care of the rest. After matching, you will be provided a simple training and orientation as well as an introduction to your new Companion.

LIMITED VOLUNTEER TIME

- Short-term (6-month) commitment with 2-3, 30- 60-minute visits each month
- Flexible weekday and weekend visit scheduling (prior to 7 p.m.)

FUN ACTIVITIES

- Cards or board games
- Reading a book or newspaper
- Listen to music
- Or...simply having a chat and telling stories

ENJOY

Enhance your life through an investment in another.

Apply today!



TABITHA